

CarnalDish

BECAUSE FOOD IS SEXY



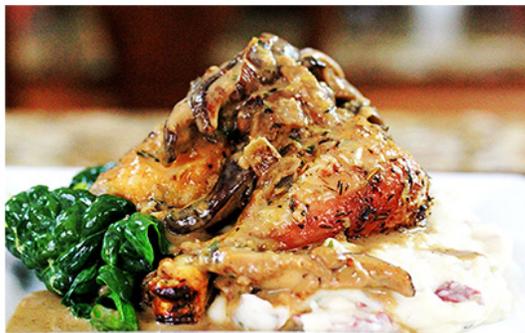
About CarnalDish

A QUICK WORD ABOUT THIS DELICIOUS PLACE

CarnalDish was established in 2011, and has been one of the top leading food blogs since its debut.

Full of deliciously sinful, and super sexy recipes sure to get you lucky in many ways, *CarnalDish* offers a unique “adult” approach to food. When people need a “sexy dish”, they visit us.

With an extremely diverse audience, we have humbly become the “go-to” for no-fail crowd favorites such as Bacon Mac & Cheese, Flaky Buttery Buttermilk Biscuits, and Fried Chicken & Waffles. Every recipe is made with love, and is fool-proof, allowing the most novice home-cook to whip up something amazing on the very first try.



ROASTED CHICKEN
WITH MARSALA SAUCE



SWEET & SPICY
GARLIC AND GINGER WINGS



CRANBERRY-ORANGE
BUTTERMILK PANCAKES



CIDER-BRINED OVEN-FRIED
CHICKEN SLIDERS

Chef Resha

ABOUT ME

I'm Resha, the owner and creator of *CarnalDish*. I'm a traveling personal chef, small party caterer, baker, YouTube vlogger, and well-rounded social media personality. I'm just here to be myself to the fullest extent of the law, and encourage people to cook their asses off. Whether I'm suggesting which recipe to make for your wife that you've pissed off so that you can get off the couch, or telling you which eye-cream works best for dark circles, I always do so with genuine sincerity and that is why my following has been so steady. Cooking is my #1 passion in life and I can't see myself doing anything else.

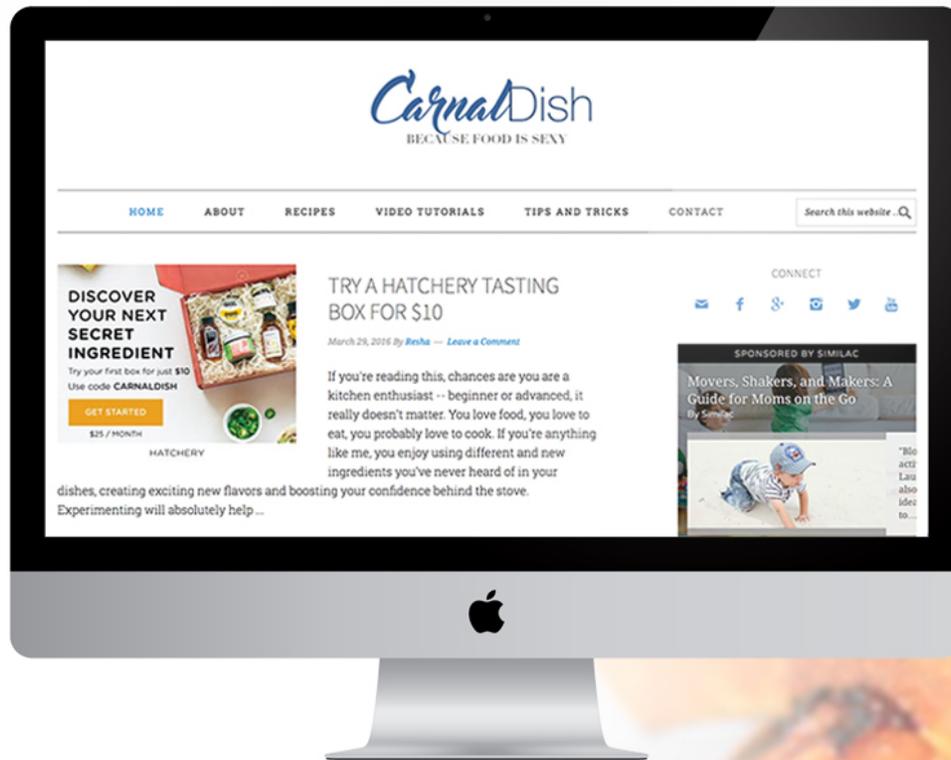
QUICK STATS:

RESHA . 36 . NORTHERN VA . "COLORFUL" PERSONALITY
BRUTALLY HONEST . DOG LOVER . SHORT STUFF
RECIPE PEDDLER . CAST IRON ENTHUSIAST
HERBES DE PROVENCE ADDICT . PLEASURE JUNKIE
THRILL SEEKER . FREQUENT NAP TAKER



TheNumbers

WEBSITE AND SOCIAL MEDIA REACH



Avg. month
PAGE VIEWS:

68k+

UNIQUE VISITORS:

47k+

OVERALL
Social Media
FOLLOWING



10k+



4k+



1k+



52k+



14k+



42k+

Brands & Publications

COMPANIES I'VE WORKED WITH, PLACES I'VE BEEN FEATURED

SHEKNOWS

ESSENCE

EBONY



HATCHERY
PURVEYORS of ARTISAN INGREDIENTS



TASTE SPOTTING

THE
HUFFINGTON
POST



BuzzFeed



A few celebrities I've worked with

KEVIN DURANT CATHY HUGHES CHEF ROBLE CHAD "OCHOCINCO" JOHNSON

CHAUNCEY "HITBOY" HOLLIS LISA WU BIG TIGGER MICA HUGHES

WorkWith Me

MY AVAILABILITY & CONTACT INFO



TELEVISION
RADIO/PODCAST
GIVEAWAYS
SPONSORED POSTS
AFFILIATE LINKS
PRODUCT REVIEWS
BRAND EMBASSADORSHIP
SOCIAL MEDIA PROMOTION
GUEST APPEARANCES
LIVE COOKING DEMOS
COOKING CLASSES
RECIPE DEVELOPMENT
PRIVATE CHEF/CATERING
COOKBOOK PUBLISHING
YOUTUBE COLLABORATIONS
...and much more

A collection of four overlapping circles containing social media contact information. The top circle is orange with an envelope icon and the text 'carnaldish @GMAIL.COM'. The middle-left circle is yellow with Twitter and Instagram icons and the text '@CARNALDISH @CHEFRESHA'. The middle-right circle is blue with a Skype icon and the text 'call me on Skype CARNALDISH'. The bottom-right circle is green with a Facebook icon and the text 'facebook.com CARNALDISH'.